

## THE INTERNATIONAL PORTERS PROTECTION GUIDELINES

The porters on your challenge are your lifeline; they carry bags, your food supplies and look after you every step of the way. Therefore the welfare of our teams is paramount to a successful challenge and we ensure the International Porters Protection Guidelines (IPPG) are adhered to by our ground handlers.

Adhering to the IPPG has a greater effect in that as they are fairly paid this can contribute to the local economies and have the same safety and medical care that you would receive on a challenge.

Charity Challenge ensures that our ground handlers and suppliers adhere to the International Porters Protection guidelines (IPPG).

IPPG's aim is for every porter to have:

1. Access to adequate clothing, boots, shelter and food (appropriate to the altitude and weather)
2. Medical care when ill or injured
3. Insurance

These aims are achieved by lobbying, education, monitoring and direct action through support of clothing banks, the construction of shelters and rescue posts.

IPPG is run entirely by volunteers with a minimum of bureaucracy. All monies raised are spent directly on our various porter projects or to support other porter NGOs.

You can be part of the porter movement by aiding IPPG's efforts through donation, volunteering, spreading the word or just simply becoming aware of the issues porters face and speaking out.

To find out more click on the link - [International Porters Protection Guidelines](#)